

## TELLING YOUR STORY WORKSHEET

1. What was life like before the disease? How old were you/they? What year was it?
2. What did you/your loved one look like before the disease?
3. Share a special memory from before the disease.
4. How did you/your loved one get the disease? What were the first signs something was wrong?
5. Tell us what happened after you/your loved one got sick? How did the disease progress?
6. What was it like for you? What were you thinking and feeling when you/your loved one was sick?
7. How did other people treat you/your loved one? How did this illness affect the family?
8. How are you/your loved one doing now? How has your experience changed your/their life?
9. Is there anything you would like to say to people who are questioning immunizing their children/getting immunized?
10. Do you have any closing thoughts or wishes for the future?